

Today's Take-Aways

News Related To COVID-19

Regional Updates

- Overall, the number of active COVID cases requiring hospitalization in Ottawa is slowly decreasing as is the overall infection rate. In Renfrew County, Public Health is reporting that we are in fairly good shape but noting that everyone needs to remain vigilant in their practices to ensure that we stay this way.
- The number of Alternate Level of Care patients throughout the region remains high but there is expected to be some relief with the opening of Bruyère's new facility which we also anticipate will be able to accommodate some of our ALC patients.

Human Resources

- Staff should anticipate some communication coming out with regards to managing staff gatherings over the holiday season while maintaining COVID safety measures.

Supplies

- Everything is fairly stable at this point. We are in the process of assessing demand for Medium sized Nitrile gloves as there remain challenges with this item. We are also working towards acquiring additional stock of disposable isolation gowns as demand for these has increased.
- In the recent announcements around the provincial budget, the creation of a new Crown Corporation to manage PPE distribution was highlighted. More to come on this but they have indicated that the intent will be to use Canadian-made items and partner with Canadian manufactures to insure supply for the future.

Occupational Health and Safety

- The roll out of the flu vaccine to our health care team continues. As of November 17th, 375 staff, 47 physicians and 39 student/volunteers have received their flu shot. If you would like to get a flu shot, call 7202 to book appointment. Departments can also arrange to have flu shots available at huddles if that is more convenient. If you have received a flu shot in the community, please advise Occupational Health by email (occhealth@prh.email) and if possible, attach a copy of your proof of vaccination.

Clinical Updates

- Diagnostic Imaging is in the process of scheduling MRI and CT bookings for those on Ottawa wait lists to assist patients who are in need.
- The Surgical department is also making accommodations for Ottawa area patients. Once a week, our orthopaedic surgeons, assisted by anaesthetists from Ottawa are taking on cases from Ottawa hospital waitlists.

Today's Take Aways...Continued From Front

- Recognizing that there has been an increase in instances of post-partum depression and mental health issues among the Obstetric population, our hospital is working to ensure that appropriate resources are made available to our new moms to support them after discharge.

- Patient Information has rolled out the new auto-faxing service hospital wide.

Miscellaneous

- As part of a virtual celebration, the Pembroke Regional Hospital was recognized today by the Trillium Gift of Life Network and awarded a Provincial Conversion Rate Award. A press release and photo recognizing this achievement is accompanying the distribution of The Pulse today.



CONSTRUCTION CORNER

Rehab Roof/Deck Project:

The parking lot was restored and we are waiting on the trailer to be removed before taking down the fencing. The nurse call device will be installed next week.

Tower A Roof Project:

With the warm sunny weather last week, the contractor was able to make up for the lost time and completed the two main roofs and two smaller roofs next to the Chapel this week. Installing the metal flashing around the perimeter is all that is remaining. The crane will be back on site on Thursday to remove all the equipment and supplies and to put back into place air conditioning units and a communication dish on the Penthouse.

Tower A 1A North:

The contractor installed three dividing walls and started patching the walls this week.



**THE PRH STAFF ASSOCIATION PRESENTS
2020 Family Christmas Party In A Bag**



Each Holiday Gift Bag Will Include

- Dominos voucher for a large 2-topping pizza
- A gingerbread decorating kit
- Craft kits (# of kits based on # of children)
- A few surprises

Each bag (retail value of approximately \$30) will cost \$10 per Staff Association Member or \$25 for Non-Members.

There will be a limit of one bag per person.



**Order Process:
Reserve your "Party In A Bag" In
The Finance Office
(5th Floor, Tower A) Starting
Thursday, November 12th.
Cash Sales Only**

**Please indicate the # of children
that will be doing crafts when you
sign up.**

**"Party In A Bag" Registration Will
Close At 4 p.m. November 30th.
NO EXCEPTIONS**

**Party In A Bag Pickup
Will Take Place
Monday, December 7th, 2-4 p.m.
in The Lunch Box**

How was your day?

Stressful

Scary

Exhausting

Busy

Sad

Healthcare workers are at the front lines of the COVID pandemic. Increased feelings of stress, worry and anxiety are normal under these conditions. Support is available to help you cope.

COVID Frontline Wellness

provides confidential access to services and tools to support your mental wellbeing.

Just book an appointment online and one of our clinicians will call you to discuss your needs and connect you with the supports that are right for you.

For more information and to book go to:
www.theroyal.ca/covid-frontline-wellness

It's simple. It's confidential. It will help.

If you are a health care worker* impacted by stress related to COVID-19, please reach out.



WHAT'S ON
the
MENU

November 23–27, 2020

November 23: Chili & Whole Wheat Bun

November 24: Spinach Cannelloni with Caesar Salad

November 25: Hamburger Casserole with Mixed

Vegetables

November 26: Roast Beef Dinner

November 27: Dip & Dust Fish with Potato Wedges

Try our NEW Kale Salads in the
Grab & Go Fridge



Employee Discounts



Looking for staff discounts?

All staff discounts, employee offers, promotional codes and other PRH perks can now be found on the Staff Resources section of the PRH website:

<https://www.pemreghos.org/staffdiscounts>

What discounts are there?

PRH Staff Association / Insurance Providers
Local Health and Fitness Facilities / CAA
Scrubs / Access Perks / Perkopolis
Park 'n Fly and more...

Do You Have A COVID-19 Question?

Email: covid19questions@prh.email

Would you like to celebrate or express gratitude to a group or individual?

Email: celebration&recognition@prh.email

For other questions/concerns, contact Infection Prevention and Control (ext. 7106) or Occupational Health and Safety (ext. 7202).



Current Facts and Figures

• Renfrew County:

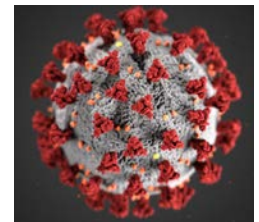
- 6 active cases (2 DR, 1 PEM, 3 PET)
- 0 in hospital, 1 death
- 37,389 tests completed

• Ottawa:

- 411 active cases,
- 363 deaths

• Ontario:

- 16,237 active cases, 3,415 deaths



**Week #18 Winner**
Congratulations
SCOTT MURRAY
Weekly Pot \$2,662!

Winning ticket #R-5856181
Card #25 - 10 of Diamonds

Catch the Ace Drive Thru Sponsors NOVEMBER

  Perri-Rae Boell & Associates Inc. THANK YOU!

Week 19 Draw is now LIVE!
Jackpot is estimated to be over \$48,000 next week!
PRHcatchtheace.ca

Foundation News

Pembroke Regional Hospital Foundation
Fondation de l'Hôpital Régional de Pembroke



AUTO LOTTO
CAR LOTTERY FOR HEALTHCARE




RG Dick Plummer

**Early Bird Deadline
November 23rd, 11:30AM**

The Auto Lotto Early Bird Draw is THIS MONDAY!!!

Get your tickets at www.autolotto.ca

Watch our Facebook Live winner announcement at 12 noon.